

## National Online Seminar on Support Breastfeeding for a Healthier Planet 2020

The poster is for a National Online Seminar organized by the Faculty of Nursing at Rama University. It is held in support of World Breast Feeding Week from August 6th to 8th, 2020. The seminar is free of charge and registration is done via a provided link. The event is divided into two time slots: 02:30-03:00 p.m. and 03:20-03:50 p.m. An e-certificate will be provided to participants after they submit a feedback form. The poster also includes a QR code for registration and the contact email for the dean of nursing.

Faculty of Nursing, Rama University has organized a 3 days online virtual seminar on the occasion of world breast feeding week from 06 – 08<sup>th</sup> August 2020. Eminent personalities from different parts of India were chosen as speakers and the topics were selected on requirements in current situation. Zoom Application platform was selected to conduct the seminar with the support of University IT team. More than 1000 participants were registered and around 1000 participants were joined in seminar on all the three days.

Seminar was inaugurated on 06<sup>th</sup> August 2020, welcome speech was given by Prof. A.C. Singh., Dean, Faculty of Nursing. The Scientific session was started by Ms. Ramya, Assistant Prof, College of Nursing AIIMS, Patna, she shared her views on “Breast feeding as a preventative care change model – how to apply changes”, followed by the session of Dr. Dipti Shukla, Asst. Prof Swami Vivekananda Subharti University, Meerut on the topic “transformation of the optimal care through breast feeding”.

Day 2 of seminar was continued at 2: 30 pm by Dr.C.Kanniammal, Dean College of Nursing, SRM University, and Chennai on the topic “Effective Breast feeding-Covid-19 positive mothers”, followed by the session of Dr. Vinsi Prince, Principal, Bombay Hospital College of Nursing, and Indore on the topic “Minimizing Stress and Conflicts in breastfeeding mother during lactation period”.

Day 3 of seminar was continued by Prof. Naveena J.H., College of Nursing, Amity University, and Haryana on the topic “Multi-access of community approach in breast feeding”. The queries from the delegates were by the speakers, during their open house session each day. The valedictory session of seminar was given by Dr.Javed Sheik, HOD, Community Health Nursing, Faculty of Nursing, and Rama University. The seminar was concluded after national anthem.

Feedback from link was send in chat box. Certificate for participation was downloaded by the delegates after successful submission of feedback format the end of seminar. Speakers were congratulated and appreciated by Dean, Faculty of Nursing for their informative session.